In its tradition, the Church has a specific focus of devotion for each day of the week. During this period where the public Celebration of Mass, and other aspects of the Sacramental Life of the Church, are suspended by order of our Bishop, we desire to tend to the spiritual need in the hearts of our Parishioners. To this end we are providing online and, in the Church, spiritual resources to nourish the prayer life of the faithful and keep them close to the heart of Christ and his Church. The focus of devotional practices for each day of the week as made known in the Tradition of the Church are:

Monday — Poor Souls in Purgatory
Tuesday – The Holy Angels
Wednesday – St. Joseph
Thursday – The Most Blessed Sacrament
Friday – The Passion of our Lord Jesus Christ (also, the Sacred Heart of Jesus)
Saturday – Blessed Virgin Mary
Sunday – The Most Holy Trinity

Litany of the Most Holy Trinity
for private recitation

Blessed be the holy Trinity and undivided Unity;
We will give glory to Him, because He hath shown His mercy to us.
V. O Lord our Lord, how wonderful is Thy Name in all the earth!
R. O the depth of the riches of the wisdom and of the knowledge of God!

Lord, have mercy.
Lord, have mercy.
Christ, have mercy.
Christ, have mercy.
Lord, have mercy.
Lord, have mercy.
Blessed Trinity, hear us.
Adorable Unity, graciously hear us.

God the Father of Heaven,
God the Son, Redeemer of the world
God the Holy Ghost,
Holy Trinity, One God,
Father from Whom are all things,
Son through Whom are all things,
Holy Ghost in Whom are all things,
Holy and undivided Trinity,
Father everlasting,
Only-begotten Son of the Father,
Spirit Who proceedeth from the Father and the Son,
Co-eternal Majesty of Three Divine Persons,
Father, the Creator,
Son, the Redeemer,
Holy Ghost, the Comforter,
Holy, holy, holy, Lord God of hosts,
Who art, Who wast, and Who art to come,
God Most High, Who inhabitest eternity,
To Whom alone are due all honor and glory,
Who alone doest great wonders,
Power infinite,
Wisdom incomprehensible,
Love unspeakable,

Be merciful, spare us, O Holy Trinity.
Be merciful, graciously hear us, O Holy Trinity.

From all evil, Response to each: deliver us, O Holy Trinity
From all sin,
From all pride, etc.
From all love of riches,
From all uncleanness,
From all sloth,
From all inordinate affection,
From all envy and malice,
From all anger and impatience,
From every thought, word, and deed contrary to Thy holy law,
From Thine everlasting malediction,
Through Thine almighty power,
Through Thy plenteous loving kindness,
Through the exceeding treasure of Thy goodness and love,
Through the depths of Thy wisdom and knowledge,
Through all Thy unspeakable perfections,

We sinners Response to each: Beseech Thee, hear us.
That we may ever serve Thee alone,
That we may worship Thee in spirit and in truth,
That we may love Thee with all our heart, with all our soul, and with all our strength,
That, for Thy sake, we may love our neighbor as ourselves,
That we may faithfully keep Thy holy commandments,
That we may never defile our bodies and souls with sin,
That we may go from grace to grace, and from virtue to virtue,
That we may finally enjoy the sight of Thee in glory,
That Thou wouldst vouchsafe to hear us,

O Blessed Trinity, we beseech Thee, deliver us.
O Blessed Trinity, we beseech Thee, save us.
O Blessed Trinity, have mercy on us.
Lord, have mercy,
Christ, have mercy.
Lord, have mercy.
Our Father [silently]. Hail Mary [silently].
V. Blessed art Thou, O Lord, in the firmament of Heaven,
R. And worthy to be praised, and glorious, and highly exalted forever.

**Let Us Pray.** Almighty and everlasting God, Who hast granted Thy servants in the confession of the True Faith, to acknowledge the glory of an Eternal Trinity, and in the power of Thy majesty to adore a Unity: we beseech Thee that by the strength of this faith we may be defended from all adversity. Through Jesus Christ Our Lord.
—Amen.

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**About Litanies.** Litanies are prayers to our Lord, his Blessed Mother, and the saints consisting of a series of petitions and responses. Although they are traditionally used in church services, they can also be prayed in private devotions, and may be sung. The word “litany” itself comes from the Greek word “lite,” meaning “prayer” or “supplication.” In public worship, one person recites the first part of the prayer, which is followed by a response from the congregation (such as “pray for us”). These prayers have their roots in the pre-Christian era when Jews used this responsive pattern in public worship. The first Christian litanies probably consisted of the frequent repetition of the words Kyrie Eleison (Greek for “Lord have Mercy,” the same words we pray at Mass).